



HELP AND SUPPORT

Please see below for a non-exhaustive list of groups that provide help and support.

Please [contact the Pastoral Ministry team](#) if you would like help with signposting to groups.

Note: Holy Trinity Church is not responsible for any advice given by the groups featured below.

Support group	Website	Telephone no.
General advice and support		
Greenway Centre	southmead.org/greenway-centre	0117 950 3335
Carers Support Centre	carerssupportcentre.org.uk	0117 965 2200
Samaritans	samaritans.org	116 123
Mind (mental health charity)	mind.org.uk	0300 123 3393
Mental Health UK	mentalhealth-uk.org	0121 522 7007
Cruse Bereavement Support	cruse.org.uk	0808 808 1677
Addiction support		
Alcoholics Anonymous	alcoholics-anonymous.org.uk	0800 917 7650
Bristol Drugs Project	bdp.org.uk	0117 987 6000
Bristol ROADS (Recovery Orientated Alcohol and Drugs Service)	dhi-online.org.uk/get-help/adult-drug-alcohol-treatment/bristol-roads	0117 440 0540
Age-specific support		
Childline	childline.org.uk	0800 1111
The Silver Line, a helpline for older people	thesilverline.org.uk	0800 470 8090
Debt advice		
Christians Against Poverty (CAP)	capuk.org	0800 328 0006
Citizens Advice Bristol	bristolcab.org.uk	0344 411 1444
North Bristol Advice Centre	northbristoladvice.org.uk	0117 951 5751
Domestic abuse		
National Domestic Abuse Helpline	nationaldahelpline.org.uk	0808 2000 247
Refuge	refuge.org.uk	0808 2000 247
Mankind Initiative (for male victims of domestic abuse)	www.mankind.org.uk	01823 334244